

# EAGLES ROCK MY SCHOOL!



**R**  
Relationships  
**O**  
Optimism  
**C**  
Calm  
**K**  
Kindness



Eagles Rock My School is a values-based program delivering positive health, lifestyle and educational messages to primary schools across WA. We were very fortunate to have Brad and Rick the Rock Eagle from the West Coast Eagles to come and talk to our school about our choices and their consequences, healthy lifestyles, inclusive behaviours and giving everyone the chance to belong. The presentation was fun, informative and thoroughly enjoyed by all.